

## Schedule of Classes 2020

Class 1:	Our Why/ Illness/ Symptom Management versus Optimal Wellness/ Holistic Health/ Digestion	25 March 2020
Class 2:	We are Spirit and Creator in a body	1 April 2020
Class 3:	Why we choose to help others	8 April 2020
Discussion Group 1	<b>Guest Speakers –</b> 1. Roos Van Monsjou “Healthy Cooking” 2. Maaïke Driessen “Kinesiology & Reprogramming” 3. Gerrie Sporken “Accupuncture & 5 Elements”	15 April 2020
Test 1:	<i>Test 1 Online Oral and Written Component</i>	22 April 2020
Class 4:	Weight Management	29 April 2020
Class 5:	Wellness Coaching / Business / Entrepreneurship	6 May 2020
Class 6:	Altered Food/ Supplement Solutions	13 May 2020
Discussion Group 2	<b>Guest Speakers –</b> 1. Debby van der Plas “Neuro-Feedback & Lifestyle Choices” 2. Eveline Jurry “The Positive Separation Method” 3. Lauree Sine “EFT & Coaching” 4. Dr. Vicky Arcadi & Jackie Padgette-Baird, Authors of “Flush the Fat for Good”	20 May 2020
Test 2:	<i>Test 2 Oral and Written Component</i>	27 May 2020
Class 7:	History of Glycobiology/ Nutritional Glycobiology and Consciousness	3 June 2020
Class 8:	Vibration and Energy healing/Glycans/ Cell Functioning and Communication	10 June 2020
Class 9:	Digestion/Immunity	17 June 2020
Class 10:	Circulation/ Endocrine/Fetal Development/ Fertility/ Pregnancy/ Post-Partum/ Brain	24 June 2020
Discussion Group 3	<b>Guest Speakers –</b> 1. Claudia Lanson-de Boer “Women’s Health, Hormones and Digestive Health” 2. Henrike Hendrikson “Healing with Sound & Vibrational Frequencies” 3. Lia Weijts & Yvonne Medd “Posture & Movement” 4. Nina Karlsson “Coaching with the Enneagram”	1 July 2020
Test 3:	<i>Test 3 Online Oral and Written Component</i>	15 July 2020
Coaching Practice	Coaching Practice Session	26 August 2020
	<b>Graduation</b>	2 September 2020

We will accept ongoing admission through 15 April 2020.. Dates are subject to change. During the course we do not treat, mitigate or cure disease.